

Perfect Summer Pasta Salad

My favourite snack for a picnic



Ingredients:

(of own choice, examples given)

- 500g of pasta
- 1 tin tuna,
- 500g chicken
- 1 packet curled ham
- 3 tomatoes
- cucumber
- 3 spring onions
- 2 apples
- 50g raisins
- 2 salad peppers
- 1 tin sweetcorn
- 4 tbsp light mayo

This makes a perfect for lunch.

Method:

1. Bring a large pot of slightly salted water to the boil.
2. Put the pasta in the pot and cook for 15minutes.
3. When cooked drain and add to a large bowl.
4. Chop all ingredients, using for the pasta salad into chunks, and add gradually to the cooked pasta.
5. Add the mayonnaise to the pasta and mix until it is all covered.

I add tomato pasta sauce to mine with vegetables.